

What's Vaping?



Vaping is the inhaling of a vapor created by an electronic cigarette (e-cigarette) or other **vaping device**. E-cigarettes are battery-powered smoking devices. They have **cartridges** filled with a liquid that usually contains nicotine, **flavorings**, and chemicals. The liquid is heated into a vapor, which the person **inhales**. That's why using e-cigarettes is called "vaping." The term is used because e-cigarettes do not produce tobacco smoke, but rather an aerosol, often mistaken for water vapor, that actually consists of fine **particles**. Many of these particles contain **varying amounts** of toxic chemicals, which have been linked to cancer, **as well as** respiratory and heart disease. Vaping has grown in popularity because of e-cigarettes, which were introduced to the mass market in the U.S. in 2007.



How Does It Work?

Generally a vaping device consists of a mouthpiece, a battery, a cartridge for containing the e-liquid or e-juice, and a **heating component** for the device that is **powered by** a battery. When the device is used, the battery heats up the heating component, which turns the **contents** of the e-liquid into an aerosol that is inhaled into the lungs and then **exhaled**.

Who Makes Them?

Many e-cigarettes are made by the same companies that produce regular cigarettes. Their marketing targets young people by making fun **flavors** for e-cigarettes and showing young, healthy people vaping. They are trying to make kids and teens of today into their new, lifetime customers.

WORDS IN CONTEXT



vaping - vaporização
to vape - vaporizar
vaping device - vaporizador
cartridges - cartuchos
flavor - sabor, aroma
flavorings - aromatizante
to inhale - inalar, tragar
to exhale - expirar
particle - partícula
varying amounts - quantidades variáveis



to heat up - aquecer
heating component - componente de aquecimento
powered by - alimentado por
contents - conteúdos
as well as - bem como



Today is Saturday and it's a sunny day here in my city. I want to go to the beach. I don't want to stay home this weekend. It's too boring to be home alone on weekends. I have to text my friends Sarah and Debbie to invite them to go to the beach too. Maybe it's a good idea because we always go to the beach together. I love the beach!



ACTION



to invite _____
to have a snack _____
to take a nap _____

LET'S LEARN



weather _____	cloud _____
maybe _____	cloudy _____
boring _____	rain _____
rainbow _____	rainy _____
wind _____	fog _____
windy _____	foggy _____
sun _____	snow _____
sunny _____	snowy _____
	humid _____
	chilly _____

HOW IS IT?

How's the weather today? _____
It's **kind of** cold today. _____
It's **too** cold today. _____
It's **very** cold today. _____
It's **really** cold today. _____

Can I Talk To You?

- 1- Hi, where are you from?
- 2- What state in Brazil are you from?
- 3- How's the weather today?
- 4- Is it windy in your city today?
- 5- What's your favorite kind of weather?
- 6- Do you prefer sunny or cloudy days?
- 7- What do you usually do on rainy weekends?
- 8- How often do you have headaches?
- 9- What medication do you usually take for pain?
- 10- Do you need to take medicine every day?
- 11- Do you sometimes drink tea when you're not feeling well?
- 12- Do you have time to take a nap after lunch every day?
- 13- Do you like to take naps on weekends?
- 14- How many hospitals are there in your city?
- 15- Do you have any friends or relatives in hospital?



REALLY? WELL, I HOPE...

- | | |
|--|--|
| 1- Mark and David can't go to school. They have the flu. | (they get well soon.) |
| 2- Some students need to take a rest because it's too hot. | (they drink a lot of water too.) |
| 3- Ana's co-worker is home sick. | (it's nothing really bad.) |
| 4- My classmates have to stay home because of the weather. | (they can go to school tomorrow.) |
| 5- I think those players are not well. | (it's just the hot weather.) |
| 6- Those girls want to play with us. | (they are good players.) |
| 7- I can't get in touch with my grandparents. | (everything is ok with them.) |
| 8- I can't get in touch with my secretary. | (she's not home sick.) |
| 9- The students want to invite their roommates too. | (everybody can be there.) |
| 10- Kevin's girlfriend can't help us. She's sick. | (it's not the flu.) |
| 11- The manager's wife is home with a toothache. | (she isn't in much pain.) |
| 12- They want to meet your father downtown. | (they know where my father's office is.) |
| 13- The boys want to go to the beach on Saturday. | (the weather is nice on the weekend.) |
| 14- Your roommates need your help. | (they don't need more money.) |

A Great Trip

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Lesson



Let's Learn



gate _____
flight _____
flight attendant _____
departure _____
arrival _____
baggage _____
personal _____
belongings _____
island _____
resort _____
paradise _____
heaven _____
palm trees _____
along _____
choice _____
chance _____
such as _____
even though _____

Action



to take off - took off _____
to land _____
to arrive _____
to see - saw _____
to find - found _____

They Say

I would go. _____
I wouldn't go. _____
Would you go? _____
Wouldn't you go? _____
Not at all. _____
Mind your own business! _____

MODAL VERB - WOULD

Would
Wouldn't
Would?

Action



to measure _____
 to achieve _____
 to overcome _____
 to fail _____
 to discuss _____
 to undergo _____



Vocabulary Builder



priority _____	generous _____
obvious _____	material goods _____
obviously _____	in the end _____
essentially _____	benefits _____
eventually _____	plenty of _____
pressure _____	however _____
	such _____

Social circle



A social circle is a group of people who are socially connected. Today, just a group of good friends cannot be called a social circle or one where some people of common interest meet and become friends eventually. In recent years, social circles have undergone a tremendous change as a result of which today, we find ourselves a part of not one or two, but many such circles. The advantages and benefits of being in these networks are many. A social circle also gives you a platform where you can discuss all your problems and ask for suggestions from many people at once. What is your social circle like? What kind of people are there in your circles?

influencer

regular Joes

plain Janes

well-known/famous

high-tech people

classmates

neighbors

business people

church friends



A foodie is a person who has an ardent or refined interest in food and who eats food not out of hunger, but due to their interest or hobby. The term defines a person who enjoys food for pleasure. They travel around the world just to try new dishes or unusual food. Would you be courageous enough to try really interesting foods from around the world? Foods that we Westerners might consider weird and that we may never see or have even heard of in your own country.

Different Foods from Around the World



Crocodile meat – Australia and Southeast Asia

Many describe the taste of croc meat as that of chicken and crab.

Beef brain – Europe, US, Asia

Found in many cuisines around the world, often mixed with scrambled eggs and eaten for breakfast.

Cherry blossom meat – Japan

This delicacy from Japan is made of raw horse meat, served either as a dish on its own or as part of sushi.

Cockscomb – Italy and France

The red fleshy part on the chicken's head is used to decorate dishes or can be used as a main ingredient for stews and even desserts.

Fertilized duck eggs – Philippines

A common street food in the Philippines and other parts of Asia, fertilized duck eggs, or balut, are boiled just before they hatch.



Duck tongue – Hong Kong

Duck tongues fried and served crispy. It's a specialty available in Hong Kong.

Tripe – All around the world

The rubbery stomach lining of various farm animals is featured in soups and stews worldwide.

Tuna eyes – Japan

In Japan, fried tuna fish eyes are enjoyed with lots of garlic and soy sauce.

Vocabulary in Context



to dislike - *não gostar, desgostar*

to be willing to - *estar disposto a*

to hear of - *ouvir falar de*

to stink - stank/stunk - *cheirar mal, feder*

offal/organ meats/variety meat - *miúdos, vísceras*

stench - *fedor, mau cheiro*

Westerner - *ocidental*

Easterner - *oriental*

Asian - *asiático(a)*

gross - *nojento, repugnante*

eww, yuck - *eca, argh*

pew, bleh, pee-yew - *puaj, credo, aff*

My Favorite Food

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So long! _____ Good-bye! _____ Bye! _____
See you later. _____
See you tomorrow. _____
Thank you! _____ Thanks! _____
You're welcome! _____

Action



to like _____
to eat _____
to drink _____



When



for breakfast _____
for lunch _____
for dinner _____
for dessert _____



Let's Learn



favorite _____
food _____
pizza _____
spaghetti _____
French fries _____
chicken _____
meat _____
fish _____
egg _____
cheese _____
corn _____
bread _____
butter _____
rice _____
beans _____

salad _____
potato salad _____
tomato salad _____
lettuce salad _____
fruit salad _____
dessert _____
ice cream _____
candy _____
chocolate _____
breakfast _____
lunch _____
dinner _____

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Action - The To Be Verb



Affirmative Form

I am _____
You are _____
He is _____
She is _____
It is _____
We are _____
You are _____
They are _____

Interrogative Form

Am I? _____
Are you? _____
Is he? _____
Is she? _____
Is it? _____
Are we? _____
Are you? _____
Are they? _____



Let's Learn



classmate _____
student _____
boss _____
friendship _____
relationship _____
strange _____
tall _____ short _____
happy _____ sad _____
busy _____
tired _____
bored _____
nice _____
cool _____
sick _____
all right _____



They Say

Are you busy now? _____
Yes, I'm **very** busy. _____
Yes, I'm **really** busy. _____
Yes, I'm **too** busy. _____